

# 40 days Praying & Fasting

Sat, July 3rd -  
Wed, August 11th, 2021

9 PM PRAYER



INTERNATIONAL CATHOLIC PARISH  
JAKARTA



# The Chaplet of Divine Mercy

7 For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

- 5. The Apostles' Creed
- 4. Hail Mary
- 3. Our Father

- 1. Sign of the Cross
- 2. Opening Prayers



8. Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.  
(Repeat three times)

9. Closing Prayers



### 1. Make the Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### 2. Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You!  
(repeat 3x)

### 3. Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.



#### 4. Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

#### 5. The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried;

He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints,



the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

#### 6. The Eternal Father (On "Our Father" beads of each decade)

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

#### 7. For the Sake (On the 10 "Hail Mary" beads of each decade)

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

#### 8. Conclude with Holy God

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world. (Repeat three times)

#### 9. Closing Prayers

Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might



not despair nor become despondent,  
but with great confidence submit ourselves  
to Your holy will, which is Love and Mercy  
itself.

O Greatly Merciful God, Infinite Goodness,  
today all mankind calls out from the abyss  
of its misery to Your mercy — to Your  
compassion, O God; and it is with its mighty  
voice of misery that it cries out. Gracious  
God, do not reject the prayer of this earth's  
exiles!

O Lord, Goodness beyond our understanding,  
Who are acquainted with our misery  
through and through, and know that by our  
own power we cannot ascend to You,  
we implore You: anticipate us with Your  
grace and keep on increasing Your mercy  
in us, that we may faithfully do Your holy  
will all through our life and at death's hour.

Let the omnipotence of Your mercy shield  
us from the darts of our salvation's  
enemies, that we may with confidence,  
as Your children, await Your Son's final



coming — that day known to You alone.  
And we expect to obtain everything  
promised us by Jesus in spite of all our  
wretchedness. For Jesus is our Hope:  
through His merciful Heart, as through  
an open gate, we pass through to heaven.  
Amen.

*(Diary of Saint Maria Faustina Kowalska, 1570)*

# Anima Christi

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O Good Jesus, hear me.

Within your wounds hide me.

Permit me not to be separated from you.

From the wicked foe, defend me.

At the hour of my death, call me  
and bid me come to you,

That with your saints I may praise you

For ever and ever.

Amen.